

## 2024

King's Swim School operates from a full-size private, heated indoor swimming pool in the centre of Remuera, Auckland.

We cater for Learn-to-Swim classes in a quiet and relaxed atmosphere.

We pride ourselves on excellent customer service, individualised programmes and a warm and friendly environment.

## KING'S SWIM SCHOOL

King's Swim School is a first-class facility nestled in the heart of King's School, consisting of a 25m indoor heated pool. The Swim School is open to King's boys, their families and the wider community.

We are proud to be recognized by Swimming New Zealand as a Pool Safe facility and also a member of the Australian Swim Schools Association as well as the International Swim School Association. This allows us to bring the latest swim teaching initiatives to our swim school and provides an international networking team at our fingertips.

Our Swim School places high emphasis on technique before distance as this builds a strong foundation for success. All our Swim School classes are at least 30 minutes in duration (our squad levels run for 45 minutes) and our instructors have NZ recognised qualifications and all carry a current first aid certificate. We have compulsory in-house training every term to ensure our instructors are given constant updates and ongoing support.

The Swim School consists of five pre-school levels starting from the age of 15 months teaching basic water confidence, water safety and submersions, through to an advanced breather level.

Our school-age programme has ten levels to progress through and once completed, a swimmer may wish to continue in our Swim Fit squad.

# **HOURS**

Monday to Friday 8:00am to 6:00pm

Saturday 8:00am to 1.00pm

Sunday Closed

Public Holidays Closed



## **FEES**

All Child / Youth Group Swim School Lessons \$24.50 per lesson

Adult Learn-to-Swim Lessons \$24.50 per lesson

Private One-on-One Lessons\* \$75.00 per lesson

School Holiday Private One-on-One Lessons\* \$50.00 per lesson

# **BOOKINGS**

When joining King's Swim School our office will book new and returning families for a complimentary 15 minute assessment to find their swimming level. Our staff then forward the family an email explaining how to use our app/portal called iClassPro which helps them to choose classes and make payments.

Click here to go to our Portal



Your bookings will automatically roll over into the next term. If you do not wish to continue the following term, or need to change days, please ensure you contact the office by the end of term to avoid missing out for the following term. This also applies if your child will be turning five therefore needing to transition into our school-age programme.

<sup>\*</sup>Dependent on availability

## **SUPERVISORS**

Our Swim School employs supervisors who are poolside constantly assessing swimmers and giving guidance to instructors. If you would like to find out the progress of your child, please see the office and they will let the supervisor know. Depending on their commitments on that day it may be the following lesson that they will have a look at your child. We ask that you do not approach the instructors at any stage as they are responsible for the safety and instruction of all swimmers in the pool.

Our swimmers are assessed continually during the term by our supervisors. The office will notify you if your child needs to move and will discuss possible availability.

# **ACHIEVEMENT / RECOGNITION**

Certificates of Achievement are awarded to swimmers who complete all the goals associated with their swim level for:

Preschool levels:

Dory Star Fish Swordfish

Flying Fish Tiny Turtle

School age levels:

Water Discovery Water Explorer Intro Breather

Intermediate Breather Advanced Breather

Ribbons as requested are awarded to our poolside levels up to World Champs and can be collected from the reception staff.

Poolside levels:

Development Technique 1 Technique 2

Squads Development Swim Fit

# **TODDLER & PRE SCHOOL CLASSES**

Our programme starts with Dory classes which are for toddlers from the age of 15 months.

When a toddler turns three they progress to preschool lessons for 3 year olds to 5 year olds. These classes run during the day including Saturday and Sunday.

Dory classes require a parent or guardian in the water with their child. These classes are water confidence classes and teach the toddlers basic water and survival skills. These are aimed at preparing the child for our preschool levels.



Preschool levels start with a ratio of one instructor to three children and then progress to four children per class.

We have five preschool levels catering for the very beginner through to confident children who are learning to breathe.

All classes are 30 minutes in duration.

# SCHOOL AGE GROUP LESSONS

Once a swimmer turns 5 years of age they move into our School Age swimming lessons.

Our School Age programme runs every day of the week. Monday to Friday hours begin after school from 3.15pm until the Aquadome closes with our Swim Fit Squads. Our Saturday sessions run during the mornings from 8.30am to 12pm.

All School Age lessons run for 30 minutes and cater for the very beginner through to confident children who can perform all four strokes and a considerable swimming distance in the pool.

All children are routinely assessed throughout the term. If it has been a while since a swimmer last swam with us, we request they have an assessment before rejoining the programme. This is to ensure that they are swimming at the correct level.

We have two different categories for our School Age Group Lessons — "In Water" levels and "Out of Water" levels. This literally means where the instructor is placed within the class. Our ratios start with one instructor to four children at the Water Discovery, Water Explorer and Introduction Breather level. The ratio increases to one instructor to five children with Intermediate Breather and Advanced Breather levels. The ratio further increases once the swimmer progresses to the instructor teaching from the side of the pool to one instructor to seven swimmers.

Certificates of Achievement are provided to our preschool and in water school age levels as they progress through the levels.

# **SWIM FIT SQUAD**

This squad is designed for school aged swimmers over the age of 12 to ensure that swimmers maintain their high standards of technique for all four strokes. The squad swims for 50 minutes and are offered three sessions per week.

To be eligible for this group all swimmers must have spent a minimum of three consecutive terms in World Champs and have mastered all of the goals required to move.

All swimmers who have qualified from Squads Development are welcome to swim in the Swim Fit squad up to three times per week, as we encourage children to be involved in one of the best fitness activities that continues to open up a wide range of opportunities in life.

Swim Fit Squad runs sessions on

Monday and Wednesday: 6pm to 6:50pm

Saturday: 7:30am to 8:20am



# **ADULT FITNESS GROUP**

We have adult classes during the week which focus on fitness and stroke development. These classes are great for adults who know how to swim and just want to build or retain their fitness levels and develop in other strokes.

Classes Run: Monday, Thursday and Friday 7.30am to 8.30am\*

\*These times may change during King's PE swim timetable

We also offer casual lane swimming – Please request a Term timetable to see lane availability from the Aquadome Office. A 10x Concession card is available for \$90 or single sessions at \$9.50 per swim.

# **ADULT LEARN-TO-SWIM CLASSES**

We also offer adult classes that cater for adults who do not know how to swim and would like to learn. This is a 'learn-to-swim' programme and the main focus is on freestyle in these classes.

Options offered upon request are: Beginner Class Breather Class Advanced Class

All classes are 30 minutes in duration. Bookings can be made through iClassPro.

## KING'S SWIM SCHOOL - POLICIES

### **Payments and Billing Authorisation**

- Payment is due prior to the first lesson or at the time of booking. Payments can be made using the iClassPro app, at our Aquadome office desk, via credit card over the phone or by bank transfer. Please note: bank transfers may take a few days to clear and be reconciled by the Accounts team.
- Students with unpaid fees at the end of the second week of term will be charged a \$24.50 late payment fee
  after the fourth week of term.
- We are unable to offer credits or refunds for missed classes.

#### **Terms and Conditions**

King's Swim School prides itself on keeping abreast of the best industry practice and incorporating up-to-date swimming techniques using the most available research. Our management team regularly travels overseas and we feel our technique-based programme is the best on offer. Welcome to our Swim School and please do not hesitate to discuss any concerns you may have with our office staff who will direct you to the best person to talk to.

Below is some important information on our policies which we hope will help you understand how the Swim School operates.

#### **Swimwear**

- To ensure your child has the best opportunity to learn we ask that rash shirts or swimsuits with skirts are not worn. Rash shirts often stretch and areas around the arm tend to hold a lot of water. This can restrict arm movement which can slow progress. Rash shirts are not designed to keep a child warm as they will feel cold when their body is not under water. Swimmers must wear appropriate swimwear for a learn to swim class.
- Goggles are essential as they ensure that the child has their eyes open underwater. Please see the office so that a goggle specifically designed for your child can be selected and fitted. Masks that cover the nose are not permitted.
- Boys must wear Speedo type togs. Board shorts are not permitted as these also hold a lot of water and cause drag.
- All Swim School students are expected to wear a swimming cap. This ensures better water quality by preventing hair getting into the filters and helps improve the swimming experience.

#### Moving or Waitlisting Classes

- Please ensure you notify us if your child will be starting school during the following term so that we can advise the appropriate school age level for you to book.
- Once your swimmer has been assessed as ready to move up a class, they must move classes as soon as contacted. Moving promptly ensures their progression. Sometimes changes of days and times may be necessary when your child advances to a new group. Students are unable to remain in classes they have mastered, as this prevents another student from progressing into the class your

child currently occupies. This protocol follows that of all other sporting or dance activities where, when your child is assessed to move or has graduated, they must move class.

• If your child has been placed onto the waitlist for a class, the office will email to offer your child a place when one becomes available. Please note - waitlists do not roll over from one term to the next.

## Withdrawing from your Class

- Our term classes are set up to automatically continue and roll over from one term to the next. If
  you do not wish to continue your child's lessons and wish to cancel, you must notify us before the
  beginning of the new term.
- Cancellation after the first two weeks of Term may be considered, however, two weeks' notice must be given.

### Sorry No Photos and Videos

• To protect the privacy of all our customers we ask that you do not video or take photos inside the Aquadome building.

#### Make up Lessons

We are focused on providing the best swim lesson experience possible. We understand that sometimes events can cause your swimmer to miss their lesson. King's Swim School will offer each swimmer a maximum (per booking) of two make up lessons per term.

- If your swimmer is unable to attend a lesson, please log in to our iClassPro app and mark their absence, at least one hour prior to the start of the regular lesson.
- Only if King's Swim School has been notified via iClassPro will a token be generated on the app. All make up lessons must be booked through iClassPro the system will only allow bookings 7 days in advance. (Bookings made via phone or in-person at the Aquadome Office may incur a \$10 admin charge).
- To use your make up token you must have an active/current booking and no fees outstanding. If you drop or no longer have an active booking you forgo any unused make up lessons/tokens.
- Make up lessons are not guaranteed and class times and instructors are subject to availability.
- Make up lessons must be completed within four weeks from the date of the missed class.
- School holidays will be taken into consideration and make ups during this holiday time are at the discretion of management.
- Make up tokens will automatically expire and there are no extensions.

- Once a make-up lesson is scheduled it cannot be changed. Make ups will be forfeited if not attended or cancelled.
- Please note: Dory level lessons are not eligible for make up classes.

# **Medical Suspension**

Medical suspension of lessons is available for students who are unable to attend three or more consecutive lessons due to serious illness or injury. Medical suspensions must be arranged in writing and be accompanied by a supporting medical certificate indicating how long the swimmer is unable to attend swimming lessons for. This will be reviewed by management and credits can be considered in these circumstances.

We thank you for your support and welcome you to King's Swim School. Thank you for taking the time to read through this information brochure.

If you have any questions please do not hesitate to get in touch with our Swim School admin team.

King's Swim School Ph: 09 520 3545

Email: <a href="mailto:swimschool@kings.school.nz">swimschool@kings.school.nz</a>

