

2023

King's Swim School operates from a full-size private, heated indoor swimming pool in the centre of Remuera, Auckland.

We cater for Learn-to-Swim classes in a quiet and relaxed atmosphere.

We pride ourselves on excellent customer service, individualised programmes and a warm and friendly environment.

KING'S SWIM SCHOOL

King's Swim School is a first-class facility nestled in the heart of King's School, consisting of a 25m indoor heated pool. The Swim School is open to both the King's boys, their families and the wider community.

We are proud to be recognized by Swimming New Zealand as a Pool Safe facility and also a member of the Australian Swim Schools Association as well as the International Swim School Association. This allows us to bring the latest of swim teaching initiatives to our swim school and an international networking team at our fingertips.

Our Swim School places high emphasis on technique before distance as this builds a strong foundation for success. All our swim school classes are at least 30 minutes in duration (our graduating level 'World Champs' is a 45 minute lesson) and our instructors have NZ recognised qualifications and all carry a current first aid certificate. We have compulsory in-house training every term to ensure our instructors are given constant updates and ongoing support.

The Swim School consists of five pre-school levels starting from the age of 15 months teaching basic water confidence, water safety and submersions through to an advanced breather level.

Our school-age programme has ten levels to progress through and once completed, a swimmer may wish to continue in our Swim Fit squad.

HOURS

Monday to Friday8:00am to 6:00pmSaturday and Sunday8:00am to 1.00pmPublic HolidaysClosed

*Dependent on availability



FEES

All Child / Youth Group Swim School Lessons	\$22.00 per lesson
Adult Learn-to-Swim Lessons	\$22.00 per lesson
Private One-on-One Lessons*	\$70.00 per lesson
School Holiday Private One-on-One Lessons*	\$50.00 per lesson
Private One-on-One Lessons*	\$70.00 per lesson

BOOKINGS

When joining King's Swim School our office will book new and returning families for a complimentary 15 minute assessment to find their swimming level. Our staff then forward the family an e-mail explaining how to use our app/portal called iClassPro which helps them to choose classes and make payments.

Click here to go to our Portal



Your bookings will automatically roll over into the next term. If you do not wish to continue the following term, or need to change days, please ensure you contact the office by Week 7 to avoid missing out for the following term. This also applies if your child will be turning five therefore needing to transition into our school-age programme.

SUPERVISORS

Our Swim School employs supervisors who are out on poolside constantly assessing swimmers and giving guidance to instructors. If you would like to find out the progress of your child, please see the office and they will let the supervisor know. Depending on their commitments on that day it may be the following lesson that they will have a look at your child. We ask that you do not approach the instructors at any stage as they are responsible for the safety and instruction of all swimmers in the pool.

Our swimmers are assessed continually during the term by our supervisors. The office will notify you if your child needs to move and will discuss possible availability.

ACHIEVEMENT / RECOGNITION

Certificates of Achievement are awarded to swimmers who complete all the goals associated with their swim level for:

Preschool levels:

	Dory	Star Fish	Swordfish
	Flying Fish	Tiny Turtle	
School a	age levels:		
	Whipa Snapa	Snapa	Olly Octopus
	Supa Seal	Oxygen Eater	



Ribbons as requested are awarded to our poolside levels up to World Champs and can be collected from the reception staff.

Poolside levels:

Awesome Orca

Sting Ray

Great White

World Champs

Tsunami



TODDLER & PRE SCHOOL CLASSES

Our programme starts with Dory classes which are for toddlers from the age of fifteen months.

When a toddler turns three they progress to preschool lessons for 3yrs to 5yrs. These classes run during the day including Saturday and Sunday.

Dory classes require a parent or guardian in the water with their child. These classes are water confidence classes and teach the toddlers basic water and survival skills. These are aimed at preparing the child for our preschool levels.



Preschool levels start with a ratio of one instructor to three children and then progress on to four children to a class.

We have five preschool levels catering for the very beginner through to confident children who are learning to breathe.

All classes are 30 minutes in duration.

SCHOOL AGE GROUP LESSONS

Once a swimmer turns 5 years of age they move into our School Age swimming lessons.

Our School Age program runs every day of the week. Monday to Friday hours begin after school from 3.15pm until the Aquadome closes with our Swim Fit Squads. Our Saturday and Sunday sessions run during the mornings from 8.30am to 12pm.

All School Age lessons run for 30 minutes and cater for the very beginner through to confident children who can perform all four strokes and a considerable swimming distance in the pool.

All children are routinely assessed throughout the term. If it has been a while since a swimmer last swam with us, we request they have an assessment before rejoining the program. This is to ensure that they are swimming at the correct level.

We have two different categories for our School Age Group Lessons – "In Water" levels and "Out of Water" levels. This literally means where the instructors is placed within the class. Our ratios start with one instructor to four children at the Whipa Snapa, Snapa and Olly Octopus level. The ratio increases to one instructor to five children with Supa Seal and Oxygen Eater levels. The ratio further increases once the swimmer progresses to the instructor teaching from the side of the pool to one instructor to seven swimmers.

Certificates of Achievement are provided to our preschool and in water school age levels as they progress through the levels. Ribbons are given by request to our older out of water swimming levels.

SWIM FIT SQUAD

This squad is designed for school aged swimmers over the age of 12 to ensure that swimmers maintain their high standards of technique for all four strokes. The squad swims for 50 minutes and are offered three sessions per week.

To be eligible for this group all swimmers must have spent a minimum of three consecutive terms in World Champs and have mastered all of the goals required to move.

All swimmers who have qualified from World Champs are welcome to swim in the squad up to 3 times per week, as we encourage children to be involved in one of the best fitness activities that continues to open up a wide range of opportunities in life.

Swim Fit Squad runs sessions on

Monday Wednesdays and Thursday: 6pm to 6:50pm

Saturday 7:30am to 8:20am



ADULT FITNESS GROUP

We have adult classes during the week which focus on fitness and stroke development. These classes are great for adults who know how to swim and just want to build or retain their fitness levels and develop in other strokes.

Classes Run: Monday, , Friday 7.30am to 8.30am

*These times may change during King's P.E. swim timetable

We also offer casual lane swimming – Please request a Term timetable to see lane availability from reception. A 10x Concession card is available for \$75 or \$8.50 per swim.

ADULT LEARN-TO-SWIM CLASSES

We also offer adult classes that cater for adults who do not know how to swim and would like to learn. This is a 'learn-to-swim' programme and the main focus is on freestyle in these classes.

Options Offered upon request are: Beginner Class

Breather Class

Advanced Class

All classes are 30 minutes in duration.

KING'S SWIM SCHOOL - POLICIES

Payments and Billing Authorisation

- Payment is due prior to the first lesson or at the time of booking. Payments are made using the iClass pro app, at our reception desk, via credit card over the phone or by bank transfer to the school account. Please note bank transfers may take a few days to clear and be reconciled by the accounts team.
- Overdue fees will be issued a late penalty charge of \$22 after the fourth week of Term.
- Any credit approved by Management in the case of serious illness or injury, must be used for lessons during the following Term at the latest as these will not rollover. No refunds will be given.

Terms and Conditions

King's Swim School prides itself on keeping abreast of the best industry practice and incorporating up-to-date swimming techniques using the most available research. Our management team regularly travels overseas and we feel our technique based programme is the best on offer. Welcome to our Swim School and please do not hesitate to discuss any concerns you may have with our office staff who will advise you on the best person to talk to.

Below is some important information on the policies which we hope will help you understand how the Swim School operates.

Swimwear

- To ensure your child has the best opportunity to learn we ask that rash shirts or swimsuits with skirts are not worn. Rash shirts often stretch and areas around the arm tend to hold a lot of water. This can often restrict arm movement which can slow progress. Rash shirts are not designed to keep a child warm as they will feel cold when their body is not under water. Swimmers must wear appropriate swimwear for a learn to swim class.
- Goggles are essential as this ensures that the child has their eyes open under water. Please see the office so that a goggle specifically designed for your child can be selected and fitted. Masks that cover the nose are not permitted.
- Boys must wear Speedo type togs. Board shorts are not permitted as these also hold a lot of water and cause drag.
- Caps are to be worn by any child with hair past chin length as these prevent the hair getting in the face while swimming. It also promotes better water quality for our pool.

Moving or Waitlisting Classes

- Please ensure you notify us if your pre school aged child will be starting school in the following term so we can advise the appropriate school age level for you to book.
- Once your swimmer has been assessed as ready to move up a class, they must move classes as soon as contacted. Moving promptly ensures their progression. Sometimes changes of days and times may be necessary when your child advances to a new group. Students are unable to remain in

classes they have mastered, as this prevents another student from progressing into the class your child currently occupies. This protocol follows that of all other sporting or dance activities of which, when your child is assessed to move or has graduated, they must move class.

• If your child has been placed onto the wait list for a class, the office will call to offer your child a place. The wait list does not roll over from one term to the next.

Withdrawing from your Class

- Our term classes are set up to automatically continue from one term to the next. If you <u>do not</u> wish to continue your child's lessons and wish to cancel, you must notify us before the beginning of the new term.
- Cancellation after the first two weeks of Term may be considered, however, two weeks notice must be given.

Sorry No Photo's and Videos

• For the safety of all our customers we ask that you do not video or take photo's inside the Aquadome building.

Makeup Lessons

We are focused on providing the best swim lesson experience possible. When you enrol your child into a class, your reservation is held exclusively for your child each week. You are paying for your child's spot in their class, not their attendance.

- A make-up lesson is available if your swimmer misses a lesson due to serious illness or injury and we have been **notified prior to the lesson**.
- Please provide proof of serious illness of injury with a medical certificate or a screenshot of the text message from the number 2328 from the Covid-19 Health Hub confirming your results for our records.
- Make up tokens can be redeemed by booking online using our app iClassPro and you must have an active/current booking and no fees outstanding to be able to use the token.
- Make up lessons are not guaranteed and class times and instructors are subject to availability.
- Make-up lessons must be completed within four weeks from the date of the missed class.
- School holidays will be taken into consideration and make ups during this holiday time are at the discretion of management.
- Makeup tokens will automatically expire and there are no extensions.

- Once a make-up lesson is scheduled it cannot be changed. Make-ups will be forfeited if not attended or cancelled.
- If you are travelling overseas and will miss <u>more than 3 weeks</u> of swim classes, a single make-up lesson may be approved by the Manager depending on the amount of notice given before leaving. Please note fees for the full term are still required at the start of term. Please contact the office for details.
- We do not give make up lessons, credits or refunds for holidays or other commitments.

We thank you for your support and welcome you to King's Swim School. Thank you for taking the time to read through this information brochure.

If you have any questions please do not hesitate to get in touch with our Swim School admin team.

King's Swim School Ph: 09 520 3545 Email: <u>swimschool@kings.school.nz</u>

