

King's School Extra-Curricular Academy Booklet

Term 1, 2025



Please book in for the 2025 Extra-Curricular Academy activities using the iClassPro portal.

[Click here to go to our Portal](#)

Bookings open at 9:00am on Monday 13 January 2025.

ARCHERY

Archery is a great sport that is both competitive and social. Our instructors have only four out of eight students shooting at one time so they can have their full focus on a small number of students. Archery is a very popular choice so this activity fills up quickly.

Archery		Location – Behind Cricket Nets Meeting Point – Behind Cricket Nets Wet Weather – Scout Hall			
Time	Day	Years	Start	End	Cost
12:45pm - 1:20pm	Tuesday	Years 4 - 8	Week 3 11/02/2025	Week 11 08/04/2025	\$180
12:45pm - 1:20pm	Thursday	Years 4 - 8	Week 3 13/02/2025	Week 11 10/04/2025	\$180
Sessions = 9					
The instructor provides all required equipment.					

BADMINTON

Run in conjunction with the New Zealand Badminton Academy, King's Extra-Curricular Academies offer a badminton programme designed for players of all levels. Students will learn foundation skills, develop their hand/eye coordination and compete against each other in friendly competition.

Badminton		Location - Sportsdome Meeting Point – Sportsdome			
Time	Day	Years	Start	End	Cost
12:45pm - 1:20pm	Wednesday	Years 3 - 8	Week 3 12/02/2025	Week 11 09/04/2025	\$180

Sessions = 9

Students must wear PE gear to participate and racquets are provided.



BASKETBALL

Our basketball programme is a great way to improve basketball skills and knowledge. The aim is to give children a grounding in the game and introduce them to competitive basketball via a local league. Training will give participants an opportunity to improve their basketball skills; including passing, shooting, ball-handling and footwork. Players will then apply these skills in a fun and competitive game situation. All boys who are interested in playing Basketball must book in via iClassPro to trial for Representative teams.

After the trials, the coach will determine who will play in the teams in the out of school league at St Kentigern Boys' School.

If your son is not selected they will be able to join Year 5-8 Basketball in-house sessions on Friday afternoons at King's School Sportsdome.

If boys are selected to play for the school in a representative team then league games will be played at St Kentigern Boys' School after school and an additional league fee of \$100 will be charged to your School account.

Should your son play representative basketball, they will also be required to buy a basketball singlet from the Uniform Shop to be able to play in the league.

Parents are responsible for transporting their sons to the after-school league games should their son be selected to play in a representative team.

PLEASE NOTE: ALL STUDENTS MUST HAVE A MOUTHGUARD TO PARTICIPATE

Basketball		Location – Sportsdome Meeting Point – Sportsdome			
Time	Day	Years	Start	End	Cost
12:45pm - 1:20pm	Monday	Rep Basketball Years 5 - 6	Week 4 17/02/2025	Week 11 07/04/2025	\$160
12:45pm - 1:20pm	Tuesday (Lunchtime)	Rep Basketball Years 7 - 8 B Grade	Week 4 18/02/2025	Week 11 08/04/2025	\$160
4:00pm - 5:00pm	Tuesday (Afterschool)	Rep Basketball Years 7 - 8 A Grade	Week 4 18/02/2025	Week 11 08/04/2025	\$160
12:45pm - 1:20pm	Wednesday (Lunchtime)	Rep Basketball Years 3 - 4 Sonics	Week 4 19/02/2025	Week 11 09/04/2025	\$160
3:15pm - 4:00pm	Wednesday (Afterschool)	Rep Basketball Years 3 - 4 Knights	Week 4 19/02/2025	Week 11 09/04/2025	\$160
3:50pm - 4:30pm	Friday	In-house Basketball Year 5 - 8	Week 4 21/02/2025	Week 11 11/04/2025	\$160

Sessions = 8

Boys must wear PE/Basketball gear and Sneakers/Basketball Shoes to participate

CHES

One of the great games continues its long-standing popularity as part of the King's Extra-Curricular Academies.

The chess programme takes place every Wednesday for first-time novice players, Thursday for advanced players and Friday for intermediate players.

Chess is for Year 3 to Year 8 only

We continue to be extremely fortunate to have the services of our chess tutors, headed by Mr Ewen Green. The boys are shown different scenarios as a group at the beginning of the lesson and then play games for the rest of the lesson, putting into practice what they have learnt.

Chess is a fantastic game to get the mind working and is a game that you can play at any age with lifelong enjoyment. There may be opportunities for students in the chess programme to compete in an inter-school tournament.

Chess		Location – King's School Science Room – The Lighthouse Building Meeting Point - King's School Science Room - The Lighthouse Building			
Time	Day	Ability	Start	End	Cost
12:45 - 1:20pm	Wednesday	Chess Beginner Year 3 - 8	Week 3 12/02/2025	Week 11 09/04/2025	\$180
12:45 - 1:20pm	Thursday	Chess Advanced Year 3 - 8	Week 3 13/02/2025	Week 11 10/04/2025	\$180
12:45 - 1:20pm	Friday	Chess Intermediate Year 3 - 8	Week 3 14/02/2025	Week 11 11/04/2025	\$180

Sessions = 9

Chess is a popular activity and whilst we would like to cater for all children wishing to be involved, we have to limit numbers to fit the venue. Children who choose this programme must commit to attending every session. Failure to do so will see their space given to others on the waiting list.

FOOTBALL

⚽ Lunchtime & After School Football Sessions ⚽

Bringing the energy and flair of Argentinian football to Kings! Mr Reinoso will be giving the boys a firsthand experience of Argentina's professional football scene in these sessions which will mix fun with skill-building.

🌟 What to Expect

Ball Skills Mastery: Hone your control, passing, and shooting.

Agility & Coordination: Boost your footwork and movement.

Teamwork & Sportsmanship: Learn to play with skill and passion, inspired by the world's most passionate football culture. Vamos!

Football		Location – Sportsdome Meeting Point – Sportsdome			
Time	Day	Years	Start	End	Cost
3:15 – 3:50pm	Wednesday	Years 3 - 4	Week 3 12/02/2025	Week 11 09/04/2025	\$180
12:45 - 1:20pm	Friday	Years 5 - 8	Week 3 14/02/2025	Week 11 11/04/2025	\$180
3:15 – 3:50pm	Friday	Years 1 - 2	Week 3 14/02/2025	Week 11 11/04/2025	\$180

Students must wear trainers to participate as it is an indoor programme. Grey school uniform or House PE Kit is acceptable.

Sessions = 9

KING'S MINI POLO

Mini Polo (Years 5 & 6) is an extra-curricular programme at King's. This is a great entry level sport which leads into Water Polo in later years. Mini Polo boys learn the game and compete regularly in an outside league competition.

Games take place on Sundays (scheduled between 12:30pm & 3:30pm) at St Cuthbert's pool.

Training sessions are held on Wednesday mornings 7.00am to 7.45am at King's School pool.


King's Mini Polo		Location – St Cuthbert's College on Sundays, training at King's Aquadome on Wednesday mornings			
Time	Day	Ability	Start	End	Cost
6:45am - 7:45am 12:30pm - 3:30pm	Wednesday Sunday	Years 5 - 6 (Mini Polo)	Week 3 11/02/2025	Week 11 08/04/2025	\$180
Sessions = To be confirmed once announced by external provider					
Students must wear King's Swim attire					

HOCKEY

Extra-Curricular Hockey is under the direction of local premier club Somerville.

Sessions will target individual technical skills working from the club's specific syllabus before breaking into small game situations where players are taught "where and when" to be during match play.

The programme offers a base for developing players, through to the upskilling of rising stars with representative aspirations. Participants also become eligible for the club's "Hooked on Hockey" holiday programme reserved for club members.

 <p style="text-align: center;">Hockey</p>		<p>Location – Astro Turf Meeting Point – Astro Turf Wet Weather – Sportsdome</p>
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Time	Day	Years	Start	End	Cost
12:45 -1:20pm	Tuesday	Years 3 - 4	Week 3 11/02/2025	Week 11 08/04/2025	\$180
12:45 -1:20pm	Thursday	Years 5 - 8	Week 3 13/02/2025	Week 11 10/04/2025	\$180

Sessions = 9

All participants will need to have PE gear, sports shoes, shin pads, a mouth guard and a suitable hockey stick. For safety reasons, children will not be able to participate if they do not have a mouth guard and shin pads to wear each session.

Sticks are not provided for the session so it is essential that your child has his own in order to participate in the class.

KARATE

Our aim is to provide quality instruction with a strong emphasis on personal development, self-defence, and health and fitness. The King's karate programme will be teaching a traditional style of karate called Goju Ryu (or hard and soft style). Goju Ryu has an equal emphasis on hard and soft techniques, and is ideally suited for younger students. A traditional style, it is firstly a complete exercise programme and secondly, includes the practical benefits of self-defence.

Training

Initially students learn in a strictly non-contact environment progressing according to their own abilities. Emphasis is placed on defence rather than attack. As a student advances technically they learn increasingly intricate techniques and are gradually exposed to controlled contact applications of karate techniques.

Students will occasionally be taught self-defence. Techniques that do not involve punching or kicking, but rather simple yet effective restraining holds. Progress made by the boys so far has been outstanding with many of the students becoming yellow belts and beyond.

Parents are responsible for transporting their sons to after school Karate lessons.

Karate		Location – Arthur Lennan Pavilion (adjacent to the Astro turf) Meeting Point - Arthur Lennan Pavilion (adjacent to the Astro turf)			
Time	Day	Years	Start	End	Cost
3:15 - 4:00pm	Monday	Years 1 - 4	Week 3 10/02/2025	Week 11 07/04/2025	\$180
3:15 - 4:00pm	Tuesday	Years 1 - 4	Week 3 11/02/2025	Week 11 08/04/2025	\$180
4:00 – 4:45pm	Tuesday	Years 5 - 8	Week 3 11/02/2025	Week 11 08/04/2025	\$180
4:00 – 4:45pm	Wednesday	Years 5 - 8	Week 3 16/10/2024	Week 11 04/12/2024	\$180

Sessions conclude with a grading and issuing of certificates

Sessions = 9

Classes are limited to 20 Students. Students must wear PE or karate gear to participate.

TENNIS / PICKLEBALL

The King's Extra-Curricular Academies Tennis programme is conducted by Geoff Beech Tennis. Coaching squads will cover basic technique to advanced stroke production and include footwork, drills, match play (singles and doubles) and decision making tactics.

Sessions are streamed into year groups, however boys may move up or down based on the coach's recommendation. Please select the correct year group when making your booking.

Monday Year 2 - 3 will be a pickleball class that uses a smaller net and a larger ball to help develop the needed hand-eye coordination to move up to Tennis in their later years at King's.



Location – Tennis Courts
Meeting Point - Tennis Courts
Wet Weather – Table tennis in Sportsdome

Time	Day	Ability	Start	End	Cost
12:45 – 1:20pm	Monday	Years 2 - 3 (Beginner)	Week 3 10/02/2025	Week 11 07/04/2025	\$180
12:45 – 1:20pm	Tuesday	Years 2 - 3 (Beginner)	Week 3 11/02/2025	Week 11	\$180
12:45 – 1:20pm	Wednesday	Years 4 - 6 (Intermediate)	Week 3 12/02/2025	Week 11	\$180
12:45 – 1:20pm	Thursday	Years 3 - 6 (Beginner)	Week 3 13/02/2025	Week 11	\$180
12:45 – 1:20pm	Friday	Years 6 - 8 (Advanced)	Week 3 14/02/2025	Week 11 11/04/2025	\$180

Sessions = 9

Students must wear PE gear to participate

Students may bring their own racket or they can borrow one from School.

Extra-Curricular Academies Terms & Conditions 2025

Payment

- Bookings for Extra-Curricular Academy classes are made via the iClassPro app.
- Payment is due for all Extra-Curricular Academy classes when the booking confirmation email is received from iClassPro (prior to your child attending any Extra-Curricular Academy sessions).
- Payment should be made via the iClassPro app which secures your son's place in the programme for the Term. There is a 3.4% surcharge on iClassPro payments. To bypass this surcharge alternative payment options are:
 - either by bank transfer email academies@kings.school.nz for details)
 - or by visiting the Swim School reception in person to pay by Credit Card or EFTPOS. (Cash and AMEX are not accepted).
- If fees remain unpaid it may result in your son being dropped from his class and the space made available for other families on the waitlist. A late fee of \$50 may also be charged to your iClassPro account.
- If you have any issues within the payment portal, please contact the King's Extra-Curricular Academies Office on 09 520 3545 or email academies@kings.school.nz and we will assist you with the process.

Rollover and Cancellations

- Rollover - at the end of Term 2 and Term 3, bookings are automatically rolled over to the following term. Payment is due on receipt of the rollover booking confirmation email from iClassPro.
- Cancellations - all cancellations must be made in writing to academies@kings.school.nz
- Refunds are not given for Extra-Curricular Academy programmes if bookings have been accepted and confirmed. Fees are waived if notice of cancellation is given prior to the start of Term. If you have already made payment, we will credit your account within the first two weeks of the Term.
- Any credit received from the Academies Office must be used for future Extra-Curricular Academies sessions. Refunds are not given.
- All Extra-Curricular Academy bookings are cleared at the conclusion of Term 4 each year. New bookings are required at the beginning of each year.

Terms and Conditions

- Credits will be offered if a class is cancelled for any unforeseen reason. Swim School make-up tokens are non-transferable and cannot be used for Extra-Curricular Academy programmes.
- Transition, Year 1, Year 2 and Year 3 boys must be picked-up after school by an adult and taken to after school Extra-Curricular Academy classes. They must be supervised until their session begins and picked up from the session at the conclusion of the class.
- If a child is not picked up at the conclusion of the Academy session, he will be taken to TreeTops After School Care, which will be charged to your School account.
- If your child does not attend his Academy class, a refund or credit will only be given for serious illness or injury when a Medical Certificate is presented to the Extra-Curricular Academies Office.
- Once a child's booking is confirmed, it is each individual family's responsibility to ensure that their child attends his Extra-Curricular Academy session.