

SPORTS SCHOOL TERM 1, 2019

ARCHERY				SPORTS THEATRE			
Years 4 - 8	Tue	12 Feb to 9 Apr	12.35 – 1.20pm	Mixed	Wed	13 Feb to 10 Apr	12.35 – 1.20pm
Years 4 - 8	Thur	14 Feb to 11 Apr	12.35 – 1.20pm	HOCKEY			
BADMINTON				Years 3 – 4	Tue	12 Feb to 9 Apr	3.15 - 4.00pm
Years 3 - 8	Mon	11 Feb to 8 Apr	12.35 – 1.20pm	Years 5 – 8	Thur	14 Feb to 11 Apr	12.35 - 1.20pm
BASKETBALL				KARATE			
League Years 5 – 6	Mon	11 Feb to 8 Apr	12.35 – 1.20pm	Years 1 – 4	Mon	11 Feb to 8 Apr	3.15 – 4.00pm
League Years 1 – 4	Wed	13 Feb to 10 Apr	12.35 – 1.20pm	Years 1 – 4	Tue	12 Feb to 9 Apr	3.15 – 4.00pm
Coaching Years 3 – 4	Wed	13 Feb to 10 Apr	3.15 – 4.00pm	Years 5 – 8	Tue	12 Feb to 9 Apr	4.00 – 4.45pm
League Years 7 – 8	Thur	14 Feb to 11 Apr	12.35 – 1.20pm	Years 1 – 4	Wed	13 Feb to 10 Apr	3.15 – 4.00pm
CHESS				Years 5 – 8	Wed	13 Feb to 10 Apr	4.00 – 4.45pm
Beginners	Wed	13 Feb to 10 Apr	12.35 – 1.20pm	Years 1 – 4	Thur	14 Feb to 11 Apr	3.15 – 4.00pm
Advanced	Thur	14 Feb to 11 Apr	12.35 – 1.20pm	TOUCH RUGBY			
Intermediate	Fri	15 Feb to 12 Apr	12.35 – 1.20pm	Mixed	Fri	15 Feb to 12 Apr	12.35 – 1.20pm
CRICKET				TENNIS			
Years 3 – 4	Mon	11 Feb to 8 Apr	12.35 – 1.20pm	Beginner Years 1 - 2	Mon	11 Feb to 8 Apr	12.35 – 1.20pm
Years 5 – 8	Thur	14 Feb to 11 Apr	12.35 – 1.20pm	Beginner Years 3 - 6	Tue	12 Feb to 9 Apr	12.35 – 1.20pm
Years 5 – 8	Fri	15 Feb to 12 Apr	12.35 – 1.20pm	Int Years 4 - 6	Wed	13 Feb to 10 Apr	12.35 – 1.20pm
FUTSAL/FOOTBALL				Beginner Years 3 - 6	Thur	14 Feb to 11 Apr	12.35 – 1.20pm
Years 1 – 6	Tue	12 Feb to 9 Apr	12.35 – 1.20pm	Advanced Years 6 - 8	Fri	15 Feb to 12 Apr	12.35 – 1.20pm
Years 3 – 6	Fri	15 Feb to 12 Apr	12.35 – 1.20pm	BALL GAMES			
GOLF				Years 1 - 4	Tue	12 Feb to 9 Apr	3.15 – 4.00pm
Years 1 – 4	Thur	21 Feb to 11 Apr	3.30-4.30pm	Years 1 - 4	Fri	15 Feb to 12 Apr	12.35 – 1.20pm
Years 5 - 8	Thur	21 Feb to 11 Apr	4.20 – 5.20pm				

ENROLMENT PROCEDURE

If you are interested in having your child attend any of the Sports School Programmes, please fill out the enrolment on page 16 and return it (physically or digitally) to:

Mr Lautaro Reinoso – Sports School Co-ordinator, located at the Sportsdome

Email: l.reinoso@kings.school.nz

Please note the following Enrolment Procedures:

- If your child was enrolled in a sport in Term 4, they will be **‘rolled over’** to the same sport for Term 1. That is the same sport, on the same day, at the same time – **Unless they are too old for the group.**
- **To remove or make a change to your child’s sports, please contact Lautaro Reinoso.**
- Children will be added to the waiting list if a class has reached maximum capacity.
- Waiting lists are not **‘rolled over’** so you must re-enrol your child if they were on a waiting list.
- No trials are offered for any programme, boys will be asked to enrol before taking part.
- Cancellations – these can only be made within three weeks of commencing the programme.
#No refunds can be offered once bookings have been made after this.
- Failure to turn up to a programme x3 weeks in a row will see their space given to others on the waiting list or removed.
- Bookings can be made throughout the term.
- Reminder emails of boys being absent from their club will only be sent out in the first three weeks from the commencement of a programme.

To assist our coaching staff, please let your class teacher know what sports your child has enrolled in for Term 1. This is especially helpful for reminding younger children.

In the unlikely event that a Sports School Programme is cancelled after school, and the Sports School Co-ordinator is not in his office, students are advised to go to the **AQUADOME** where they can then contact their parents. Students will then wait there until they are picked up.

Subject to the discretion of the Sports School Manager or Co-ordinator

SPORTS SCHOOL WET WEATHER PLAN

Outside activities will run in the following venues when weather affected. Please

Archery (non-shooting practice)	Scout Hall
Rugby	Sportsdome
Hockey	Sportsdome
Football	Sportsdome
Cricket	Sportsdome
Tennis	Sportsdome Mezzanine (boys play table tennis)
Golf	Ellerslie Golf Warehouse Driving Range


ARCHERY

Archery is a great sport that is both competitive and social. Our instructors have only four out of eight students shooting at one time so they can have their full focus on a small number of students. A very popular choice for students so it fills up quickly.

Archery		Location – Behind Cricket Nets Meeting Point – Behind Cricket Nets Wet Weather – Scout Hall			
Years	Day	Time	Start	End	Cost
4 - 8	Tuesday	12.35 – 1.20pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
4 - 8	Thursday	12.35 – 1.20pm	Week 3 14/2/19	Week 11 11/4/19	\$162.00
Sessions = 9					

BADMINTON

Run in conjunction with the New Zealand Badminton Academy, the King's Sports School offers a programme designed for players of all levels.
Students will learn foundation skills, develop their hand/eye co-ordination and compete against each other in friendly competition.

Badminton 		Location - Sportsdome Meeting Point – Sportsdome			
Years	Day	Time	Start	End	Cost
3 - 8	Monday	12.35 – 1.20pm	Week 3 11/2/19	Week 11 8/4/19	\$162.00
Sessions = 9 sessions					
Students must wear P.E. gear to participate					

BASKETBALL

Our basketball programme is a great way to improve basketball skills and knowledge.

The aim is to give the children grounding in the game and introduce them to competitive basketball via a local league. Training will give participants an opportunity to improve their basketball skills; including passing, shooting, ball-handling and foot-work. Players will then apply these skills into a fun and competitive game situation.


A key component of the programme is to develop young basketballers to the point where they will enter and compete in local leagues. Emphasis will be placed on skills used in a game of basketball.

All boys, despite their ability are welcome to join. If boys are invited to play for the school then league games will be played at Saint Kentigern School or ASB. Games run for 30-40mins and it is expected that all boys arrive at least 5mins prior to start time. Draws can be found here.

<http://www.absl.co.nz/Competitions/Primary-Miniball>

Additional training outside of school hours for all ages can also be organised. Please contact the Sports School. Note that all students must find their own transport to the games.

PLEASE NOTE: ALL STUDENTS MUST HAVE A MOUTHGUARD TO PARTICIPATE

Basketball 		Location – Sportsdome Meeting Point – Sportsdome			
Day	Level	Time	Start	End	Cost
Monday	Yr. 5 - 6 Basketball League	12.35pm – 1.20pm	Week 3 11/2/19	Week 11 8/4/19	\$90.00+league entry cost if selected for rep team
Wednesday	Yr. 1 - 4 Basketball League	12.35pm – 1.20pm	Week 3 13/2/19	Week 11 10/4/19	\$90+league entry cost if selected for rep team
Wednesday	Yr. 3 - 4 Coaching in School	3.15pm – 4.00pm	Week 3 13/2/19	Week 11 10/4/19	\$90+league entry cost if selected for rep team
Thursday	Yr. 7 - 8 Basketball League	12.35pm – 1.20pm	Week 3 14/2/19	Week 11 11/4/19	\$90+league entry cost if selected for rep team
Sessions = 9					
Boys must wear P.E. gear to participate					

CHESS

One of the great games continues its long standing popularity as part of the King's Sports School. The chess programme will take place every Wednesday for first time novice players, Thursday for advanced players, and Friday for intermediate players.

We also continue to be extremely fortunate to have the services of our chess tutors, headed by Mr Ewen Green. The boys are shown different scenarios as a group at the beginning of the lesson and then the boys play games for the rest of the lesson, putting into practice what they have learnt.

Chess is a fantastic game to get the mind working and is a game that you can play at any age with lifelong enjoyment. There may be opportunities for students in the chess programme to compete in an inter-school tournament.

Chess		Location – King's School Science Room – The Lighthouse Building (For classes on Wednesday, Thursday and Friday) - Prep School Assembly Room – Centennial Building (For Monday's class) Meeting Point - King's School Science Room - The Lighthouse Building			
Time	Day	Ability	Start	End	Cost
12.35-1.20pm	Wednesday	Beginners (Yr2/3 Upwards)	Week 3 13/2/19	Week 11 10/4/19	\$90.00
12.35-1.20pm	Thursday	Advanced Level (At the instructor's discretion)	Week 3 14/2/19	Week 11 11/4/19	\$90.00
12.35-1.20pm	Friday	Intermediate Level (At the instructor's discretion)	Week 3 15/2/19	Week 11 12/4/19	\$90.00
Sessions = 9					
Chess is a popular activity and whilst we would like to cater for all children wishing to be involved we have to limit numbers to fit the venue. Children who choose this programme should be prepared to attend every session. Failure to do so will see their space given to others on waiting lists.					

CRICKET

The Gentleman's Game. Hone your cricket skills under the watchful eye of experienced coach and player Simon Herbst.



Learning from the beginning, the students have a chance to learn the art of bowling, batting and fielding. Once older (the Friday session), the boys will use a hard ball and start to learn how to determine the best shot to play.

Cricket		Location - Cricket Nets (Friday) or #3 Field. Meeting Point – Cricket Nets (Friday), Sportsdome Foyer Wet Weather - Sportsdome			
Time	Day	Ability	Start	End	Cost
12.35 – 1.20pm	Monday	Beginner (Guideline Yr3-4)	Week 3 11/2/19	Week 11 8/4/19	\$162.00
12.35 – 1.20pm	Thursday	Development (Guideline Yr5-8)	Week 1 14/2/19	Week 11 11/4/19	\$162.00
12.35 – 1.20pm	Friday^	Hardball (Guideline Yr5-8)	Week 1 15/2/19	Week 11 12/4/19	\$162.00
Sessions = 9					
Students must wear P.E. gear to participate					
^Students must have all protective gear to participate in this session					

FUTSAL /Football

The King's Sports School futsal/ football programme is run by Coerver Coaching which is a Global football coaching programme created in 1984 and endorsed by many of the top federations, legends/experts of the game and pro clubs around the world. Coerver Coaching has continually evolved alongside how the game is played.

- A football/futsal skills teaching method suited for all ages but especially for players aged 4-16 years old
- A method that focuses on Individual skills development and small group play
- Developing skilled, confident and creative players
- Making the game fun to practise and play
- Teaches good sportsmanship and respect for all

Futsal/Football – Coerver  		Location – Lunchtime & after school = Sportsdome Meeting Point – Lunchtime = Sportsdome; After School = No.3 Field Wet Weather – Sportsdome			
Years/Code	Day	Time	Start	End	Cost
1 – 6	Tuesday	12.35 – 1.20pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
3 - 6	Friday	12.35 - 1.20pm	Week 3 15/2/19	Week 11 12/4/19	\$162.00
Sessions = 9					
Students must wear P.E. gear including boots (outdoor)/shoes (indoor) to participate. They must also bring shin pads, drink and a jacket in case of light rain.					

GOLF

Golf has proven to be a popular addition to the Sports School programme and, because of this, fills up very quickly. The sessions vary with tee shots and the short game, with driving being a focus of most sessions. Golf is a great way to teach patience and sportsmanship among other characteristics. Due to coaching staff commitments at the Institute of Golf, there are now only two sessions provided for the Sports School. These sessions require a minimum of five to run and will be limited to a MAXIMUM of six.


Please note these sessions are held off-site (Ellerslie Race Course) and the students must find their own transport there.

Golf  INSTITUTE OF GOLF <small>Forever evolving your game</small>		Location - Ellerslie Golf Centre Meeting Point – Ellerslie Golf Centre Wet Weather – Undercover options at Ellerslie Golf Centre			
Years	Day	Time	Start	End	Cost
1-4	Thursday	3.30-4.30pm	Week 4 21/2/19	Week 11 11/4/19	\$270.00
5 - 8	Thursday	4.20-5.20pm	Week 4 21/2/19	Week 11 11/4/19	\$270.00
Sessions = 8					
All equipment provided. Boys will need to arrange their own transport to and from the venue. *Please note there has been an increase in this price due to the new coaching rate for 2018					

SPORTS THEATRE

Get ready for a fun-packed session of hilarity as you hone your improvisation skills. You will team up into groups and play all of your favourite drama games in readiness for the show down competition at the end of the term. There are warm up activities and improvisation training to get you thinking on your feet and ready to face your opposing teams. This is a fun and challenging way to develop great presentation skills. Bring a sense of humour!

- Gain Performance and social skills with your fellow classmates.
- Improves co-ordination, spatial awareness and mental dexterity.
- Builds confidence and fitness levels.

Sports Theatre 		Location – JR Fletcher Meeting Point – JR Fletcher hall			
Time	Day	Ability	Start	End	Cost
12.35 – 1.20pm	Wednesday	Mixed	Week 3 13/2/19	Week 11 10/4/19	\$162.00
Sessions = 9					

HOCKEY

Hockey is under the new direction of local premier club Somerville. The programme is led by former Blackstick and the clubs Coaching Director Simon Norton.

Sessions will target individual technical skills working from the club's specific syllabus before breaking into small game situations where players are taught "where and when" to be during match play.

The programme offers a base for developing players through to the upskilling of rising stars with representative aspirations. Participants also become eligible for the clubs "Hooked on Hockey" holiday programme reserved for club members.



Hockey

Location – Astro Turf
Meeting Point – Astro Turf
Wet Weather - Sportsdome

Years	Day	Time	Start	End	Cost
3 - 4	Tuesday	3.15 - 4.00pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
5 - 8	Thursday	12.35 - 1.20pm	Week 3 14/2/19	Week 11 11/4/19	\$162.00

Sessions = 9

All participants will need to have P.E. gear, sports shoes, shin pads, a mouth guard and a suitable stick. For safety reasons children will not be able to participate if they do not have a mouth guard and shin pads to wear each session.

Sticks are not provided for the session so it is essential that your child has his own stick in order to participate in the class.

KARATE

Sensei Dennis May (8th Dan Black Belt) is the Director of the King's School karate programme. He and his instructors continue to run their ever popular classes.

Our aim is to provide quality instruction with a strong emphasis on personal development, self-defence, and health and fitness. The King's karate programme will be teaching a traditional style of karate called Goju Ryu (or hard and soft style). Goju Ryu has an equal emphasis on hard and soft techniques, and is ideally suited for younger students. A traditional style; it is firstly a complete exercise programme and secondly, includes the practical benefits of self-defence.

Training

Initially students learn in a strictly non-contact environment progressing according to their own abilities. Emphasis is placed on defence rather than attack. As a student advances technically they learn increasingly intricate techniques, and are gradually exposed to controlled contact applications of karate techniques.

Students will occasionally be taught self-defence. Techniques that do not involve punching or kicking, but rather simple yet effective restraining holds. Progress made by the boys so far has been outstanding with many of the students becoming yellow belts and beyond.

Karate		Location – Arthur Lennan Pavilion (adjacent to the Astro turf) Meeting Point - Arthur Lennan Pavilion (adjacent to the Astro turf)			
Years	Day	Time	Start	End	Cost
1 - 4	Monday	3.15 - 4.00pm	Week 3 11/2/19	Week 11 8/4/19	\$162.00
1 - 4	Tuesday	3.15 - 4.00pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
5 - 8	Tuesday	4.00 – 4.45pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
1 - 4	Wednesday	3.15 - 4.00pm	Week 3 13/2/19	Week 11 10/4/19	\$162.00
5 - 8	Wednesday	4.00 – 4.45pm	Week 3 13/2/19	Week 11 10/4/19	\$162.00
1 - 4	Thursday	3.15 - 4.00pm	Week 3 14/2/19	Week 11 11/4/19	\$162.00

Sessions conclude with a grading and issuing of certificates

Sessions = 9

Classes are limited to 20 Students. Students must wear P.E. or karate gear to participate.

TENNIS

The King's Sports School tennis programme is conducted by Geoff Beech. Coaching squads will cover basic technique to advanced stroke production and include footwork, drills, match play (singles and doubles and decision making tactics).


Sessions are streamed into year groups, however boys may move up or down based on the coaches recommendation. Please select the correct year group when making your booking.

 Geoff Beech Tennis	Location – Tennis Courts Meeting Point - Tennis Courts Wet Weather – Table tennis in Sportsdome			
Day	Time	Start	End	Cost
Monday Years 1 - 2 (Beginner)	12.35 – 1.20pm	Week 3 11/2/19	Week 11 8/4/19	\$162.00
Tuesday Years 3 - 6 (Beginner)	12.35 – 1.20pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
Wednesday Years 4 - 6 (Intermediate)	12.35 – 1.20pm	Week 3 13/2/19	Week 11 10/4/19	\$162.00
Thursday Years 3 - 6 (Beginner)	12.35 – 1.20pm	Week 3 14/2/19	Week 11 11/4/19	\$162.00
Friday Years 6 - 8 (Advanced)	12.35 – 1.20pm	Week 3 15/2/19	Week 11 12/4/19	\$162.00
Sessions = 9				
Students must wear P.E. gear to participate				
Students must have their own racket to participate				

TOUCH RUGBY

Rugby returns with instructors from Auckland Rugby. Each session, the students will get an opportunity to improve their overall rugby skills including passing, working as a team, running with the ball and having fun.

Enrol early to avoid disappointment – **TERM 1 ONLY.**

		Location - No.2 Field. Meeting Point – Sportsdome Wet Weather - Sportsdome			
Years	Day	Time	Start	End	Cost
3 - 6	Friday (Mixed)	12.35 - 1.20pm	Week 3 15/2/19	Week 11 12/4/19	\$162.00
Sessions = 9					
Safety Requirements: Children need to wear P.E. gear including shoes and a mouth guard (for rugby). They also need to bring plenty of water.					

BALL GAMES

“Fun Ball Games” will be run by Chris Lambert who has been working at King’s and with your sons over the last two years. The club will build on your son’s gross motor skills, hand-eye coordination and ability to work in a team. Boys will also be taught the value of sportsmanship and fair play.

Fun ball games will include everyone’s favourites such as dodgeball, scatter ball, bench ball and many more....

Ball Games		Location - Sportsdome Meeting Point – Sportsdome Wet Weather - Sportsdome			
Years	Day	Time	Start	End	Cost
1 - 4	Tuesday	3.15 - 4.00pm	Week 3 12/2/19	Week 11 9/4/19	\$162.00
1 - 4	Friday	12.35 – 1.20pm	Week 3 15/2/19	Week 11 12/4/19	\$162.00
Sessions = 9					
Safety Requirements: Children need to wear sports shoes.					

KING'S SPORT SCHOOL TERM 1 - ENROLMENT

To enrol please detach and return form or phone 520 7770 ext. 841
or email l.reinoso@kings.school.nz

STUDENT DETAILS:

Name:	<hr/>
Address: *	<hr/>
Date of Birth: *	<hr/>
Class: *	<hr/>
Parent:*	<hr/>
Email: *	<hr/>
Phone (home):*	<hr/>
Phone (mobile):*	<hr/>
Activities enrolling in:	<hr/>
	<hr/>
	<hr/>

*If not previously enrolled or if details are changed.

PAYMENT

Efpos	<input type="checkbox"/>	School Account	<input type="checkbox"/>
Credit Card No:	<hr/>		
Credit Card Expiry:	<hr/>		
TOTAL ENCLOSED:	<hr/>		