

SPORTS SCHOOL - TERM 4 2017

ARCHERY			
Years 4 - 8	Tue	17 Oct to 5 Dec	12.35 – 1.20pm
Years 4 - 8	Thu	19 Oct to 30 Nov	12.35 – 1.20pm
BADMINTON			
Years 3 - 8	Mon	16 Oct to 4 Dec	12.35 – 1.20pm
BASKETBALL			
League Years 5 – 6	Mon	16 Oct to 4 Dec	12.35 – 1.20pm
Coaching Years 1 – 2	Tue	17 Oct to 5 Dec	12.35 – 1.20pm
League Years 3 – 4	Wed	18 Oct to 6 Dec	12.35 – 1.20pm
Coaching Years 3 – 4	Wed	18 Oct to 6 Dec	3.15 – 4.00pm
League Years 7 – 8	Thu	19 Oct to 30 Nov	12.35 – 1.20pm
CHESS			
Beginners	Wed	18 Oct to 6 Dec	12.35 – 1.20pm
Advanced	Thu	19 Oct to 30 Nov	12.35 – 1.20pm
Intermediate	Fri	20 Oct to 1 Dec	12.35 – 1.20pm
CRICKET			
Years 2 – 3	Wed	18 Oct to 6 Dec	12.35 – 1.20pm
Years 1 – 2	Thu	19 Oct to 30 Nov	12.35 – 1.20pm
Years 4 – 8	Fri	20 Oct to 1 Dec	12.35 – 1.20pm
FOOTBALL			
Years 3 - 4	Mon	16 Oct to 4 Dec	12.35 – 1.20pm
Years 3 – 4	Tue	17 Oct to 5 Dec	12.35 – 1.20pm
Years 1 – 2	Tue	17 Oct to 5 Dec	3.15 – 4.00pm
Years 5 – 8	Thu	19 Oct to 30 Nov	4.00 – 4.45pm
Years 1 – 2	Fri	20 Oct to 1 Dec	3.15 – 4.00pm
GOLF			
Years 1 – 4	Thu	19 Oct to 30 Nov	3.30-4.30pm
Years 5 - 8	Thu	19 Oct to 30 Nov	4.20 – 5.20pm

HIP HOP DANCE			
Mixed	Wed	18 Oct to 6 Dec	12.35 – 1.20pm
HOCKEY			
Years 1 – 4	Wed	18 Oct to 6 Dec	3.15 - 4.00pm
Years 5 – 8	Wed	18 Oct to 7 Dec	4.00 - 4.45pm
KARATE			
Years 1 – 4	Mon	16 Oct to 4 Dec	3.15 – 4.00pm
Years 1 – 4	Tue	17 Oct to 5 Dec	3.15 – 4.00pm
Years 5 – 8	Tue	17 Oct to 5 Dec	4.00 – 4.45pm
Years 1 – 4	Wed	18 Oct to 6 Dec	3.15 – 4.00pm
Years 5 – 8	Wed	18 Oct to 6 Dec	4.00 – 4.45pm
Years 1 – 4	Thu	19 Oct to 30 Nov	3.15 – 4.00pm
YOUTHTOWN SPORT			
Years 1 – 4	Tue	17 Oct to 5 Dec	3.15 – 4.00pm
RUGBY			
Years 1 – 4	Tue	17 Oct to 5 Dec	12.35 – 1.20pm
TENNIS			
Beginner Years 1 - 2	Mon	16 Oct to 4 Dec	12.35 – 1.20pm
Beginner Years 2 - 3	Tue	17 Oct to 5 Dec	12.35 – 1.20pm
Int Years 4 - 6	Wed	18 Oct to 6 Dec	12.35 – 1.20pm
Beginner Years 3 - 4	Thu	19 Oct to 30 Nov	12.35 – 1.20pm
Advanced Years 6 - 8	Fri	20 Oct to 1 Dec	12.35 – 1.20pm
BALL GAMES			
Years 1 - 4	Tue	17 Oct to 5 Dec	3.15 – 4.00pm
Years 1 - 4	Fri	20 Oct to 1 Dec	12.35 – 1.20pm

ENROLMENT PROCEDURE

If you are interested in having your child attend any of the Sports School Programmes, please fill out the enrolment on page 17 and return it (physically or digitally) to:

Sports School Office located at the Sportsdome

Phone: 09 520 7770 ext. 847

Email: n.chudzynski@kings.school.nz

Please note the following:

- If your child was enrolled in a sport in Term 3, they will be **'rolled over'** to the same sport for Term 4. That is the same sport, on the same day, at the same time.
- **To remove or make a change to your child's sports, please contact Nick Chudzynski.**
- Children will be added to the waiting list if a class has reached maximum capacity.
- Waiting lists are not **'rolled over'** so you must re-enrol your child if they were on a waiting list.
- No trials are offered for any programme, boys will be asked to enrol before taking part
- #No refunds can be offered once bookings have been made
- Failure to turn up to a programme x3 weeks in a row will see their space given to others on the waiting list.
- Bookings can be made throughout the term

To assist our coaching staff, please let your class teacher know what sports your child has enrolled in for Term 4. This is especially helpful for reminding younger children.

In the unlikely event that a Sports School Programme is cancelled after school, and the Sports School Manager is not in his office, students are advised to go to the **AQUADOME** where they can then contact their parents. Students will then wait there until they are picked up.

Subject to the discretion of the Sports School Manager

SPORTS SCHOOL WET WEATHER PLAN

Outside activities will run in the following venues when weather affected. Please familiarise yourself with these locations.

Archery (non-shooting practice)	Scout Hall
Rugby	Sportsdome
Hockey	Sportsdome
Football	Sportsdome
Cricket	Sportsdome
Tennis	Sportsdome Mezzanine (boys play table tennis)
YouthTown	Sportsdome
Golf	Ellerslie Golf Warehouse Driving Range

ARCHERY


Archery is a great sport that is both competitive and social. Our instructors have only four out of eight students shooting at one time so they can have their full focus on a small number of students. A very popular choice for students so it fills up quickly.

Archery		Location – Behind Cricket Nets Meeting Point – Behind Cricket Nets Wet Weather – Scout Hall			
Years	Day	Time	Start	End	Cost
4 - 8	Tuesday	12.35 – 1.20pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
4 - 8	Thursday	12.35 – 1.20pm	Week 1 19/10/17	Week 7 30/11/17	\$126.00
Sessions = 8 (Tuesday), 7 (Thursday)					

BADMINTON

Run in conjunction with the New Zealand Badminton Academy, the King's Sports School offers a programme designed for players of all levels.

Students will learn foundation skills, develop their hand/eye co-ordination and compete against each other in friendly competition.

Badminton 		Location - Sportsdome Meeting Point – Sportsdome			
Years	Day	Time	Start	End	Cost
3 - 8	Monday	12.35 – 1.20pm	Week 1 16/10/17	Week 8 4/12/17	\$144.00
Sessions = 8					
Students must wear P.E. gear to participate					

BASKETBALL

Our basketball programme is a great way to improve basketball skills and knowledge.

The aim is to give the children grounding in the game and introduce them to competitive basketball via a local league. Training will give participants an opportunity to improve their basketball skills; including passing, shooting, ball-handling and foot-work. Players will then apply these skills into a fun and competitive game situation.


A key component of the programme is to develop young basketballers to the point where they will enter and compete in local leagues. Emphasis will be placed on skills used in a game of basketball.

All boys, despite their ability are welcome to join. If boys are invited to play for the school then league games will be played at Saint Kentigern School or ASB. Games run for 30-40mins and it is expected that all boys arrive at least 15mins prior to start time. Draws can be found here.

<http://www.absl.co.nz/Competitions/Primary-Miniball>

Additional training outside of school hours for all ages can also be organised. Please contact the Sports School. Note that all students must find their own transport to the games.

PLEASE NOTE: ALL STUDENTS MUST HAVE A MOUTHGUARD TO PARTICIPATE

Basketball  BOYD BASKETBALL ACADEMY		Location – Sportsdome Meeting Point – Sportsdome			
Day	Level	Time	Start	End	Cost
Monday	Yr. 5 – 6 Basketball League	12.35pm – 1.20pm	Week 1 16/10/17	Week 8 4/12/17	\$80.00+league entry cost if selected for rep team
Tuesday	Yr. 1 - 2 Coaching in School	12.35pm – 1.20pm	Week 1 17/10/17	Week 8 5/12/17	\$80.00
Wednesday	Yr. 3 - 4 Basketball League	12.35pm – 1.20pm	Week 1 18/10/17	Week 8 6/12/17	\$80+league entry cost if selected for rep team
Wednesday	Yr. 3 -4 Coaching in School	3.15pm – 4.00pm	Week 1 18/10/17	Week 8 6/12/17	\$80.00+league entry cost if selected for rep team
Thursday	Yr. 7 - 8 Basketball League	12.35pm – 1.20pm	Week 1 19/10/17	Week 7 30/11/17	\$70.00+league entry cost if selected for rep team
Sessions = 8 (Monday, Tuesday & Wednesday), 7 (Thursday)					
Boys must wear P.E. gear to participate					

CHESS

One of the great games continues its long standing popularity as part of the King's Sports School. The chess programme will take place every Wednesday for first time novice players, Thursday for advanced players, and Friday for intermediate players.

We also continue to be extremely fortunate to have the services of our chess tutors, headed by Mr Ewen Green. The boys are shown different scenarios as a group at the beginning of the lesson and then the boys play games for the rest of the lesson, putting into practice what they have learnt.

Chess is a fantastic game to get the mind working and is a game that you can play at any age with lifelong enjoyment. There may be opportunities for students in the chess programme to compete in an inter-school tournament.

Chess		Location – King's School Science Room – The Lighthouse Building			
		Meeting Point - King's School Science Room - The Lighthouse Building			
Time	Day	Ability	Start	End	Cost
12.35-1.20pm	Wednesday	First Time Players and Beginners (Yr3 Upwards)	Week 1 18/10/17	Week 8 6/12/17	\$80.00
12.35-1.20pm	Thursday	Advanced Level	Week 1 19/10/17	Week 7 30/11/17	\$70.00
12.35-1.20pm	Friday	Intermediate Level	Week 1 20/10/17	Week 7 1/12/17	\$70.00

Sessions = 8 (Wednesday), 7 (Thursday & Friday)

Chess is a popular activity and whilst we would like to cater for all children wishing to be involved we have to limit numbers to fit the venue. Children who choose this programme should be prepared to attend every session. Failure to do so, will see their space given to others on waiting lists.

CRICKET

The Gentleman's Game. Hone your cricket skills under the watchful eye of experienced coach and player Simon Herbst from the Parnell Cricket Club.



Learning from the beginning, the students have a chance to learn the art of bowling, batting and fielding. Once older (the Friday session), the boys will use a hard ball and start to learn how to determine the best shot to play.

Cricket		Location - Cricket Nets (Friday) or #3 Field. Meeting Point – Cricket Nets (Friday), Sportsdome Foyer Wet Weather - Sportsdome			
Time	Day	Ability	Start	End	Cost
12.35 – 1.20pm	Wednesday	Development	Week 1 18/10/17	Week 8 6/12/17	\$144.00
12.35 – 1.20pm	Thursday	Development	Week 1 19/10/17	Week 7 30/11/17	\$126.00
12.35 – 1.20pm	Friday [^]	Hardball	Week 1 20/10/17	Week 7 1/12/17	\$126.00
Sessions = 8 (Wednesday), 7 (Thursday & Friday)					
Students must wear P.E. gear to participate					
[^] Students must have all protective gear to participate in this session					

FOOTBALL

The King's Sports School football programme is run by Coerver Coaching which is a Global football coaching programme created in 1984 and endorsed by many of the top federations, legends/experts of the game and pro clubs around the world. Coerver Coaching has continually evolved alongside how the game is played.

- A football skills teaching method suited for all ages but especially for players aged 4-16 years old
- A method that focuses on Individual skills development and small group play
- Developing skilled, confident and creative players
- Making the game fun to practise and play
- Teaches good sportsmanship and respect for all

Football – Coerver  		Location – Lunchtime & after school = No. 3 Field. Meeting Point – Lunchtime = Sportsdome; After School = No.3 Field Wet Weather - Sportsdome			
Years	Day	Time	Start	End	Cost
3 – 4	Monday	12.35 – 1.20pm	Week 1 16/10/17	Week 8 4/12/17	\$144.00
1 – 2	Tuesday	12.35 – 1.20pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
1 - 2	Tuesday	3.15 - 4.00pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
5 - 8	Thursday	4.00 – 4.45pm	Week 1 19/10/17	Week 7 30/11/17	\$126.00
1 - 2	Friday	3.15-4.00pm	Week 1 20/10/17	Week 7 1/12/17	\$126.00
Sessions = 8 (Monday & Tuesday), 7 (Thursday & Friday)					
Students must wear P.E. gear including boots (outdoor)/shoes (indoor) to participate. They must also bring shin pads, drink and a jacket in case of light rain.					

GOLF

Golf has proven to be a popular addition to the Sports School programme and, because of this, fills up very quickly. The sessions vary with tee shots and the short game, with driving being a focus of most sessions. Golf is a great way to teach patience and sportsmanship among other characteristics. Due to coaching staff commitments at the Institute of Golf, there are now only two sessions provided for the Sports School. These sessions require a minimum of five to run and will be limited to a MAXIMUM of six.

Please note these sessions are held off-site (Ellerslie Race Course) and the students must find their own transport there.


Golf  INSTITUTE OF GOLF <small>Forever evolving your game</small>		Location - Ellerslie Golf Centre Meeting Point – Ellerslie Golf Centre Wet Weather – Undercover options at Ellerslie Golf Centre			
Years	Day	Time	Start	End	Cost
1-4	Thursday	3.30-4.30pm	Week 1 19/10/17	Week 7 30/11/17	\$175.00
5 - 8	Thursday	4.20-5.20pm	Week 1 19/10/17	Week 7 30/11/17	\$175.00
Sessions = 7					
All equipment provided. Boys will need to arrange their own transport to and from the venue.					

HIP HOP DANCE

NEW – PROVIDER!!

The King's Hip Hop Dance programme is run by Alice from Pform.nz who provide varied Dance, Drama and Musical Theatre classes across Auckland. Alice is a professionally trained performer and teacher, with a specialty in Hip Hop Dance.

- A fun energetic class filled with the latest music!
- Learn new tricks and street dance based choreography every week.
- Gain Performance and social skills with your fellow classmates.
- Improves co-ordination, spatial awareness and mental dexterity.
- Builds confidence and fitness levels.

Hip Hop 		Location – Arthur Lennan Pavilion Meeting Point – Arthur Lennan Pavilion (adjacent to the Astro turf)			
Time	Day	Ability	Start	End	Cost
12.35 – 1.20pm	Wednesday	Mixed	Week 1 18/10/17	Week 8 6/12/17	\$144.00
Sessions = 8					

HOCKEY

NEW – PROVIDER!!

Hockey will be taken by King's School 1st XI skills coach Ben Goodwin. The sessions will focus on mastering the fundamental skills of Hockey by doing specific drills and playing small sided games. The intention of these sessions will be to provide a base for players going into their future years of Hockey and to align with what will be further taught through the school curriculum. Key sportsmanship behaviours that will also be taught include teamwork, leadership, problem solving and confidence which can be used across all other codes of sports and aspects of life.

Hockey			Location – Astro Turf Meeting Point – Astro Turf Wet Weather - Sportsdome		
Years	Day	Time	Start	End	Cost
1 - 4	Wednesday	3.15 - 4.00pm	Week 1 18/10/17	Week 8 6/12/17	\$144.00
5 - 8	Wednesday	4.00 - 4.45pm	Week 1 18/10/17	Week 8 6/12/17	\$144.00

Sessions = 8

All participants will need to have P.E. gear, sports shoes, shin pads, a mouth guard and a suitable stick. For safety reasons children will not be able to participate if they do not have a mouth guard and shin pads to wear each session.
Sticks are not provided for the session so it is essential that your child has his own stick in order to participate in the class.

KARATE

Sensei Dennis May (8th Dan Black Belt) is the Director of the King's School karate programme. He and his instructors continue to run their ever popular classes.

Our aim is to provide quality instruction with a strong emphasis on personal development, self-defence, and health and fitness. The King's karate programme will be teaching a traditional style of karate called Goju Ryu (or hard and soft style). Goju Ryu has an equal emphasis on hard and soft techniques, and is ideally suited for younger students. A traditional style; it is firstly a complete exercise programme and secondly, includes the practical benefits of self-defence.

Training

Initially students learn in a strictly non-contact environment progressing according to their own abilities. Emphasis is placed on defence rather than attack. As a student advances technically they learn increasingly intricate techniques, and are gradually exposed to controlled contact applications of karate techniques.

Students will occasionally be taught self-defence. Techniques that do not involve punching or kicking, but rather simple yet effective restraining holds. Progress made by the boys so far has been outstanding with many of the students becoming yellow belts and beyond.

Karate		Location – Arthur Lennan Pavilion (adjacent to the Astro turf)			
		Meeting Point - Arthur Lennan Pavilion (adjacent to the Astro turf)			
Years	Day	Time	Start	End	Cost
1 - 4	Monday	3.15 - 4.00pm	Week 1 16/10/17	Week 8 4/12/17	\$144.00
1 - 4	Tuesday	3.15 - 4.00pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
5 - 8	Tuesday	4.00 – 4.45pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
1 - 4	Wednesday	3.15 - 4.00pm	Week 1 18/10/17	Week 8 6/12/17	\$144.00
5 - 8	Wednesday	4.00 – 4.45pm	Week 1 18/10/17	Week 8 6/12/17	\$144.00
1 - 4	Thursday	3.15 - 4.00pm	Week 1 19/10/17	Week 7 30/11/17	\$126.00

Sessions conclude with a grading and issuing of certificates


Sessions = 8 (Monday, Tuesday & Wednesday), 7 (Thursday)

Classes are limited to 20 Students. Students must wear P.E. or karate gear to participate.

TENNIS

The King's Sports School tennis programme is conducted by Geoff Beech and Denis Bolotovski from Ultimate Tennis HPC. Coaching squads will cover basic technique to advanced stroke production and include footwork, drills, match play (singles and doubles and decision making tactics).

Sessions are streamed into year groups, however boys may move up or down based on coaches recommendation. Please select the correct year group when making your booking.

Tennis	Location – Tennis Courts			
	Meeting Point - Tennis Courts			
	Wet Weather – Table tennis in Sportsdome			
Day	Time	Start	End	Cost
Monday Years 1 - 2 (Beginner)	12.35 – 1.20pm	Week 1 16/10/17	Week 8 4/12/17	\$144.00
Tuesday Years 2 - 3 (Beginner)	12.35 – 1.20pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
Wednesday Years 4 - 6 (Intermediate)	12.35 – 1.20pm	Week 1 18/10/17	Week 8 6/12/17	\$144.00
Thursday Years 3 - 4 (Beginner)	12.35 – 1.20pm	Week 1 19/10/17	Week 7 30/11/17	\$126.00
Friday Years 6 - 8 (Advanced)	12.35 – 1.20pm	Week 1 20/10/17	Week 7 1/12/17	\$126.00
Sessions = 8 (Monday, Tuesday, Wednesday), 7 (Thursday & Friday)				
Students must wear P.E. gear to participate				
Students must have their own racket to participate				

RUGBY

Rugby returns with instructor Jono Hickey a skilled player who enjoys sharing his passion for the game. With each session, the students will get an opportunity to improve their overall rugby skills including passing, working as a team, running with the ball and contact.

The Tuesday lunch time class is for older students looking to improve their skills for the winter. A minimum number of four students will be required to run this class.

Enrol early to avoid disappointment.

Rugby		Location - No.2 Field. Meeting Point – Sportsdome Wet Weather - Sportsdome			
Years	Day	Time	Start	End	Cost
1 - 4	Tuesday	12.35 -1.20pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
Sessions = 8					
Safety Requirements: Children need to wear P.E. gear including shoes and a mouth guard (for rugby). They also need to bring plenty of water.					

BALL GAMES

“Fun Ball Games” will be run by Chris Lambert who has been working at King’s and with your sons over the last two years. The club will build on your son’s gross motor skills, hand-eye coordination and ability to work in a team. Boys will also be taught the value of sportsmanship and fair play.

Fun ball games will include everyone’s favourites such as dodgeball, scatter ball, bench ball and many more....

Ball Games		Location - Sportsdome Meeting Point – Sportsdome Wet Weather - Sportsdome			
Years	Day	Time	Start	End	Cost
1 - 4	Tuesday	3.15 -4.00pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
1-4	Friday	12.35 – 1.20pm	Week 1 20/10/17	Week 7 1/12/17	\$126.00
Sessions = 8 (Tuesday), 7 (Friday)					
Safety Requirements: Children need to wear sports shoes.					

YOUTHTOWN SPORT

Youthtown Sport is a youth development programme that encourages physical and mental confidence, competence, participation and engagement while having tons of fun!

Their coaches come from a range of representative sporting backgrounds and are still active in their chosen fields. These teams work with school students on a regular basis, across NZ, both during school time as well as after school/holidays and teachers are already reporting benefits in regard to attitude, discipline and teamwork in the classroom.


This programme is a great way to introduce your child to the dynamics of sports, which will build skills they can apply to the sport of their choice and encourage them to achieve their personal goals.

Each session is focused on:

1. Having FUN.
2. Students being active!
3. Students learning through movement - hop, skip, jump, run, catch, throw.
4. Student centred, age appropriate, and aligned with the New Zealand Curriculum.
5. Students learning and experiencing responsibility, decision making, independence, problem solving, team building and self-management.
6. The development of fundamental skills to be applied across all sports.
7. Role modelling Youthtown values and leadership.

'It is our goal to create an enjoyable environment where students are encouraged to 'try-by-doing'. We promote discussion of strategies and working as a team'.

'Youthtown encourages students to become competent in the areas that interest them most, by providing high-quality leadership, hands-on and self-directed learning, and a healthy view of competition''

Youthtown Sport 		Location and Meeting Point – Sportsdome Wet Weather - Sportsdome			
Years	Day	Time	Start	End	Cost
1 - 4	Tuesday	3.15 - 4.00pm	Week 1 17/10/17	Week 8 5/12/17	\$144.00
Sessions = 8					
Students must wear P.E. gear including hat, and bring a water bottle to participate.					

KING'S SPORTS SCHOOL TERM 4 - ENROLMENT

To enrol please detach and return form or phone 520 7770 ext. 847
or email sportsschool@kings.school.nz

STUDENT DETAILS:

Name: _____

Address: * _____

Date of Birth: * _____

Class: * _____

Parent:* _____

Email: * _____

Phone (home):* _____

Phone (mobile):* _____

Activities enrolling in: _____

*If not previously enrolled or if details are changed.

PAYMENT

School Account

Credit Card No: _____

Credit Card Expiry: _____

TOTAL ENCLOSED: _____

KING'S SCHOOL HOLIDAY PROGRAMME

HOOPTUTOR offers a fun filled holiday camp that runs during the school holidays from 2nd - 4th October at the Sportdome. The camp has a special format designed by **HOOPTUTOR** to make sure children learn and develop the fundamental skills whilst making it FUN.

All abilities from 6-13 years old are welcome as well as team players who would like to play term three basketball, before the competitions begin. What better way to start the holidays than to have three days of various games to get the boys active and having fun!

- The camp runs from 2nd – 4th Oct
- Runs from 9am-3pm.
- Can book individual days at \$56
- For children between 6-13 years of age and of all abilities
- Prizes, gifts, vouchers given away daily!!!

Example of Daily Schedule:

09:00	Sign in and Roll call
09.00 – 09.30	Warm up and Ball Handling
09.30 – 10.15	Skills – Fundamental Teaching
10.30 – 11.45	Team games which include other sports competitions Soccer, Rugby, and even Kick Ball USA game.
11.45 – 12.30	Lunch
12.45 – 13.30	Team Fundamentals and games
13.30 – 15.00	Games

NOTE: Players must bring their own packed lunch and a water bottle.

CONTACT: Adrian Boyd

PH: 022 321 2693 or 022 321 2693

EMAIL: Aboyd911@gmail.com

